



P-COC POINTS

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“Ignorance and prejudice are the handmaidens of propaganda. Our mission, therefore, is to confront ignorance with knowledge, bigotry with tolerance, and isolation with the outstretched hand of generosity. Racism can, will, and must be defeated.” – Kofi Annan (Former UN Secretary General)

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EFFECT OF RACISM ON HEALTH

According to Centers for Disease Control and Prevention (CDC), people of color experience higher rates of hospitalization and death compared to White population in the United States. Also racial and ethnic minority populations experience higher levels of poor health and disease across various conditions when compared with their White counterparts. A 2019 research review found positive associations between reports of racial discrimination and many physical and mental health conditions, as well as preclinical indicators for disease. These conditions include cardiovascular disease, mental health disorders, obesity, hypertension, alcohol use and misuse.

Key mechanisms through which people can experience inequality include;

1. Structural or institutional racism where processes of racism embedded in policies, laws, and societal practices that give advantages to racial groups deemed superior, while racial groups deemed inferior are disadvantaged.
2. Cultural racism which is the spread of the ideology that certain groups are inferior through language, values, media, and symbols. For example, racist stereotypes can influence the housing decisions of White property owners and lead to racial segregation in neighborhoods
3. Individual-level discrimination where individuals or companies discriminate against racial groups, whether intentionally or without intent. This can result in worse access to employment, education, and medical care.

Tackling racism requires a universal effort. We need to educate ourselves and pay attention to the voices of people who experience racism every day, listen to friends, classmates, neighbors, and community leaders.

RECENT EVENTS

Theme: A Sister/Brother’s Keeper

Support & Advocacy | SA Team

(P-CoC Inc’s Professional Asset Prof. Eunice Flemister, led a vibrant and resourceful workshop for participants of the Family Service Society of Yonkers - the Kinship Support Program.

The title of the workshop was:

“Taking Care Of Ourselves to Effectively Parent The Next Generation “

Prof. Eunice Flemister, is a retiree who has spent the last 50 years teaching and working with the elderly. Prior to retiring she served as the Program Coordinator for the Gerontology Program at CUNY and as the Associate Director and Marketing Director for the Amsterdam Adult Day Care Program.

Her experience and knowledge in Palliative and Long-Term Care of the elderly culminated in academia, with the combination of community collaborations, education, volunteerism and service learning. Locally she has served as a Board Member for both the State Society of Aging of NY, and B.R.I.C.A – Bronx Regional Interagency Council on Aging. Nationally, she has served on the Community College Task Force and Global Aging Committee for the Association for Gerontology in Higher Education.

Currently, she serves on the Board of Directors of Neighborhood SHOPP. An organization that fights against food insecurity, elder abuse, and care-giver support for the underserved in the Bronx.

She is a cheerleader for equity for the older adult population. She continues to serve her community by supporting the Food Insecurity challenge in Westchester.

Contact the Kinship Support Program (see attached flyer) to learn more.



FAMILY SERVICE SOCIETY OF YONKERS

KINSHIP
SUPPORT PROGRAM

Serving Westchester & Rockland Counties



FOR GRANDPARENTS AND OTHER RELATIVE CAREGIVERS WHO ARE RAISING CHILDREN

30 South Broadway
5th Floor
Yonkers, NY 10701
Phone: 914.963.5118 | Fax: 914.963.4313
www.fssy.org

ANNOUNCEMENTS

ArtsWestchester

Our Public Affairs Director, Clarence met Bernard Thombs (far right in photo) at ArtsWestchester. Bernard is a member of the Westchester Planning Board. He also formed a business-mentoring group to help high schoolers of color meet business people and entrepreneurs to get a taste of that work



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P-CoC Inc Mission

A professional charity society laser-focused on race and color equity for persons of color, supporting ethnicity, cultural expression, fair treatment, and education for all

Contact PR Team at: pcorelations@pcoc.org



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